2016-17 Annual Report

TRANSFORMING LIVES

Community Services

Senior Chore

Mental Health

guide

motivate

Diversion

change

Day Treatment
A message from the President & CEO

Jerry Hromatka,
NYFS President and CEO

It’s been said that the only constant in this life is change. In the forty-plus years that Northeast Youth & Family Services has been around, we’ve seen a lot of change in our community and know that the pace is only accelerating.

While there are tremendous opportunities for people and organizations that can embrace it, we know that significant or unexpected changes can derail a life, a family or even parts of our community. We also know that by partnering with people and organizations, we can work together to help get others back on track.

A major source of NYFS’ strength to do that work comes from partners like you. Experience has shown that we are more effective when we work with others for the betterment of all, rather than try and go it alone. This philosophy is the cornerstone of our mental health and community service programs.

Thank you for partnering with NYFS. Together we help people develop the skills and fortitude to master challenges today, and prepare for those yet to come.

NYFS Community Impact
- better mental health for all ages
- greater independence for seniors
- job and enrichment opportunities for youth
- youth redirect lives for positive future
- families stay together, function better

Municipal Partners FY 2016-17

NYFS Board of Directors

OFFICERS
Gary Meehlhause, Chair
Mounds View City Council
Ling Becker, Vice Chair
Vadnais Heights Economic Development Corporation
Dan Roe, Vice Chair
Roseville Mayor
Dean Maschka, Treasurer
First Resource Group
Joe Murphy, Secretary
ONESCO
MEMBERS
Daniel Boone
Deluxe Corporation
Joseph Brown Thunder
City of Falcon Heights
Judy Cognetta
North Oaks Community
Tanya Dowda
Land O’Lakes
John Hakes
Shoreview Community
Erich Hartmann
Erickson, Bell, Beckmann & Quinn, P.A.
Jean Houlding
Stillwater Express Solutions
Blake Huffman
Ramsey Co. Commissioner
Valerie Johnson
New Brighton Mayor
Allison Lehner
Youth on Boards Rep.
Mary Jo McGuire
Ramsey Co. Commissioner
Lindsay Nauen
Pinkham Tax and Accounting
Daniel Newham
Comcast
Terry Nyblom
Vadnais Heights City Council
Gloria Alvarez Pederson
Trust Point, Inc.
Stellar Quach
Youth on Boards Rep.
Jack Serier
Ramsey County Sheriff
Cory Springhorn
Shoreview City Council
Bill Walsh
White Bear Lake City Council
Miriam Ward
City of Arden Hills
Mental Health Programs: Mental health is as important as physical health for youth, adults and families to succeed at home, work, school and in the community. NYFS offers effective, culturally-sensitive individual and group counseling to people of all ages and abilities. Low-income clients are eligible to receive services on a sliding-fee scale to ensure that everyone who needs our help can receive it. Our licensed therapists also work with local school districts and staff to support youth in both their school and home environments.

64% of outpatient mental health clients completed therapy and achieved their therapeutic goals

Day Treatment Services: Our day treatment programs serve youth who are struggling with mental health issues. Youth in grades 5-12 receive academic instruction in connection with mental health support and counseling services during the school day. Our immediate goal is to support behaviors that minimize mental health symptoms. Our long-term objective is to increase academic success and promote lasting changes that are good for the child, family, school and community.

66% of day treatment youth achieved therapeutic goals and return to their home school district

Community Service Programs: Our community service programs focus on three core areas of achievement that are critical to long-term success: academic achievement, employability and citizenship/life skills. Through the Diversion Program, Senior Chore Program and collaborative efforts with the Unity Center at Roseville Area Middle School, we help youth set and achieve goals that lead to a better, more successful future than they had previously imagined.

79% of reporting families indicate that their youth did not reoffend within six months of completing the Diversion Program

Transforming lives today, creating a better tomorrow for youth, adults, families and our community
Thank You NYFS Donors and Sponsors
Since our start in 1976, NYFS has relied on the support of the community to help us live out our mission of transforming lives. We would like to extend a special thank you to the businesses, individuals, corporations, foundations, and civic organizations that have generously contributed to our programs and events in the past year.

2016 Taste of Northeast Sponsors
Allegra Print and Imaging, Comcast, Creative Catering, Exxon Shoreview, Grandma’s Bakery, Land O'Lakes, Pioneer Press, People’s Bank Midwest, Vadnais Heights Lions, Western Bank

2017 Leadership Luncheon Sponsors

2017 Mayors’ Challenge Golf Tournament

A complete listing of all donors can be found on our website at www.nyfs.org

Shoreview Headquarters
3490 Lexington Ave. N.
Shoreview, MN 55126
651-407-8823

White Bear Area Office
1280 N. Birch Lake Blvd.
White Bear Lake, MN 55110
651-429-8544

NYFS
Northeast Youth & Family Services
Transforming Lives