2018–2019 ANNUAL REPORT

Transforming lives today

Creating a better tomorrow for youth, adults, families and our community

Northeast Youth & Family Services
Transforming Lives
Change is inevitable – sometimes we choose it and other times it’s unavoidable. But the power lies in how we manage it.

For instance, in response to changing conditions in the field of mental health, NYFS has been focused on becoming a trauma-informed care organization. This has included enhanced staff training, streamlined intake processes, creation of an art therapy room and upgrades to our reception area and staff lounge. All of this is intended to be mindful of clients’ and staff needs.

When we were confronted with staffing changes, we took the opportunity to reorganize our mental health services into one department with three divisions: clinical, school-based and day treatment services. This helps us cross pollinate ideas and create a staffing structure that supports succession planning.

Speaking of succession planning, I have announced my intent to retire in June of 2020. I feel comfortable with my decision knowing the agency is in good hands.

We are just one part of a community-wide network of partners dedicated to helping our community thrive. Thank you for collaborating with us. Together we are doing so much more than we could ever do alone.

A message from the President & CEO
Jerry Hromatka

A lifeline to nearly 4,000 youth & families every year

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MUNICIPAL PARTNERS FISCAL YEAR 2018–19
Transforming lives today, creating a better tomorrow for youth, adults, families and our community

Our Community Impact
Mental health support for all ages and income levels · Greater independence for seniors · Jobs for youth
Increased school attendance · Healthier, stronger families · Lower youth crime rates

Mental Health Counseling

NYFS offers effective, culturally-sensitive individual and family counseling to people at all ages and stages of life. Low-income clients are eligible to receive services on a sliding-fee scale to ensure that everyone who needs our help can receive it. Our licensed therapists also work with local school districts and staff to support youth in both their school and home environments.

54% of clients reported progress meeting over 50% of their treatment goals

Day Treatment Services

Our day treatment programs serve youth in grades 5-12 struggling with mental health issues. They receive mental health support and counseling in connection with academic instruction during the school day. Our immediate goal is to support behaviors that minimize mental health symptoms. Our long-term objective is to increase academic success and promote lasting changes that are good for the child, school and community.

74% of youth returned to a less restrictive school setting within 15 months

Community Service Programs

NYFS community service programs focus on three core areas that are critical to long-term success: academic achievement, employability and citizenship/life skills. Through the Diversion Program and Senior Chore Program, we help youth set and achieve goals that lead to a better, more successful future than they had previously imagined.

92% of reporting seniors said the Senior Chore Program helped them live independently
Thank you to our Donors & Sponsors

Since our start in 1976, NYFS has relied on the support of the community to help us live our mission of transforming lives.

We would like to extend a special thank you to the businesses, individuals, corporations, foundations and civic organizations that have generously contributed to our programs and events in the past fiscal year.

2018 Taste of Northeast Sponsors
Allegra Print & Imaging, Amino Acids, Inc., Comcast, Creative Catering, Exxon Shoreview, Peoples Bank Midwest, Pioneer Press, Western Bank, Vadnais Heights Lions

2019 Leadership Luncheon Sponsors

Financial Report
FISCAL YEAR 2018-19

Support

- Grants.................................................$591,585
- Contributions........................................$81,480
- Special Events & In-Kind Cont..........................$71,934
- Total Fundraising..............................$744,999

Revenue

- Program Service Fees............................$1,668,493
- Rent.............................................................$506,069
- Investment Income.......................................$19,247
- Miscellaneous..............................................$550
- Total Support & Revenue.........................$2,939,358

Expenses

Program Services
- Mental Health............................................$1,203,764
- Community Services..............................$385,269
- Day Treatment Services............................$1,150,087
- Total Program Services............................$2,739,120

Support Services
- Management & General Expenses...............$109,668
- Fundraising..................................................$207,008
- Building Operating Expense.....................$186,875
- Total Support Services..............$503,551

- Total Expenses..............................................$3,242,671

Total Assets.................................................$4,581,014
Total Current Liabilities.................................$462,923
Total Liabilities & Net Assets..........................$4,581,014
End of Year Assets.........................................$1,514,433

*Includes a non-cash depreciation expense of $152,040

Audited financial reports and 990 forms can be downloaded from our website at www.nyfs.org

A complete listing of all donors can be found on our website at www.nyfs.org