Thanks to the hard work and dedication of staff, volunteers and community partners NYFS has had another successful year. In fact, we’ve had 35 of them so far. Some were more successful than others, but we have never strayed from our mission of preparing youth and families for healthy lives and we plan to live out that mission for at least another 35.

In good times and in bad, we have strived to find a balance between consistency and change. Change is essential to remain relevant and vital in our evolving community. But consistency is necessary to provide refuge and calm during times of uncertainty.

We remain committed to our core programming – day treatment, mental health and youth development – but have made important changes. The biggest has been the retooling of our Youth Employment Training program which is designed to help youth secure jobs and explore careers. We have reallocated needed resources which necessitated the closing of our Penny Pinchers Thrift Store. This was part of the reorganization of the Community Services Department into our Youth Development Department which will increase our focus on academic achievement, enhanced employability, life-skills and citizenship.

Other changes include our new role as the fiscal agent for the Ramsey County Children’s Mental Health Collaborative. Our reputation for fiscal accountability enabled us to obtain this contract for service and we are glad to use our expertise for the good of a county-wide collaborative.

As we go forward, we see change on the horizon as for-profit, nonprofit and government sectors redefine how to work interdependently in this new economy. We know that we are up to the challenge and thank you for your partnership. Your support ensures that NYFS will remain a constant and positive force in this community through these exciting and challenging times.

Karen Charlson
Jerry Hromatka
Since our start in 1976, NYFS has grown and changed to meet the emerging needs of the communities we serve. Today, we touch the lives of over 4,000 youth, families and seniors every year through our broad range of programs and with the help of our partners in the civic, business and nonprofit community.

NYFS Leadership Team

Jerry Hromatka, President & CEO

Jill Buckingham, Director of Day Treatment Services

Rachel Cain, Director of Outpatient Mental Health

Tim Gusk, Director of Youth Development

Ken Pazdernik, Chief Financial Officer

NYFS Board of Directors 2011-2012

Karen Charlson, Chair
Judith Cognetta, Secretary
Dean Maschka, Treasurer

Shelly Boss
Keith Gosline
Brenda Holden
Jean Houlding
Blake Huffman
Alan Hull
Robert Jacobson
Jeff Johnson
Peg Kennedy
Amanda Little
Wendell Maddox
Patrick J. McDonnell
Mary Jo McGuire
Lindsay B. Nauen
David Norrgard
Gloria Alvarez Pederson
Bettie Seitzer
Carrie Walker

Community Partnerships

Arden Hills
Falcon Heights
Little Canada
Mounds View
New Brighton
North Oaks
Roseville
Shoreview
St. Anthony

Collaborative Partnerships

Minnesota Youth Intervention Programs Association
North Suburban Gavel Club
Ramsey County Children’s Mental Health Collaborative
Roseville Rotary
Shoreview/Arden Hills Rotary
St. Anthony-New Brighton Family Service Collaborative
Suburban Ramsey Family Collaborative
Twin Cities North Chamber of Commerce

School Districts

Centennial #12
Columbia Heights #13
Mounds View #621
North St. Paul/Maplewood/Oakdale #622
Roseville Area #623
St. Anthony-New Brighton #282
Spring Lake Park #16
White Bear Lake #624
Outpatient Mental Health Clinic

Our licensed, professional staff serve youth, adults and families from diverse cultures, ethnicities and lifestyles. Whether it is addressing an immediate crisis or managing a long-term mental illness, we are dedicated to helping families and individuals thrive. Our therapists work with over 500 clients each year and help them discover their strengths and overcome barriers to success. Common issues include depression, anxiety, family conflict and behavioral problems. Couples counseling is offered for same-sex, opposite-sex, married and unmarried couples. We also offer:

- Medication management services for children and adolescents to aid the therapeutic process when needed
- Educational and support groups for parents and teens
- A Speaker’s Bureau for the community

NYFS is one of the few places where youth as young as age four can receive therapeutic services tailored just to their stage of development. We accept all insurance plans; mental health services are also offered on a sliding-fee scale to the uninsured. Interpreters are available to assist non-English speaking clients.

Community Social Work Services

Our licensed social workers do a broad-based needs assessment with clients. Based on those needs, goals are set and our social workers help connect clients with community resources. While our social workers are always there to help our clients, our common goal is to help them do as much as they can for themselves and build on their existing strengths. We serve families with children in the North St. Paul/Maplewood/Oakdale, Roseville, Mounds View/New Brighton and White Bear Lake school districts.

I don’t know what I would have done without help from Janet to find a place to live. I’ve never been in this place of being homeless before and couldn’t have ever been able to get a bed and furniture on my own.

- Single father and Community Social Work client
Northwest Educational and Therapeutic Services (NETS)

NETS is a daily, year-round day treatment program that offers educational and therapeutic services to youth struggling with severe mental health and behavioral problems. Youth are temporarily transferred from their home school, enrolled at NETS, and participate in a treatment model that combines academics and therapy. Because of the intensive services offered through NETS, these youth are able to overcome personal barriers and develop skills to manage their mental illness.

Our immediate goal is to help the student make a successful transition into a less restrictive school setting. Our long-term objective is to promote lasting positive changes that are good for the youth, good for their families and good for their community.

- Over 85% of NETS youth are able to return to their home school districts within a year and a half
- 85% are able to reduce their mental health symptoms

Without you in our lives we would have lost our son . . .

Because of you, a beautiful mind is dreaming of the future.

-Parents of a NETS program youth

Youth in the NETS and Discovery programs explored post-secondary educational options at local college campuses.
Youth Development

At NYFS, we know that youth learn best by doing. That’s why our programs engage youth and families in community-based settings that promote skill development through experiential learning and support. Our Youth Development programs include:

- Discovery
- Diversion
- Mentoring Plus
- Senior Chore
- STEP (Service + Tutoring Equals Pride)
- Summer Camps
- Youth Employment Training

Closing the Gap

All kids need a strong foundation that includes healthy relationships with adults inside and outside their family, meaningful involvement in their school, work, home and community lives and the chance to make real-world decisions about their future in a supportive environment.

While all youth deserve these things, not every one has them. Kids who lack access to these foundational elements for success often fall behind their peers academically, socially and in the workplace. This is sometimes called the Achievement Gap but we believe it is also an Opportunity Gap.

NYFS Youth Development programs address this gap through diverse programs that contain a common goal: ensuring that every youth who needs our help receives the tools they need to overcome immediate obstacles and develop skills that will help them overcome challenges throughout their lifetime.

“I am going to stay out of trouble and remember what I learned here. My life is back to normal and I have a great relationship with my parents again. Thank you for helping me.”

- a Diversion student
In addition to increasing the social and academic skills of NETS youth, the Kay Andrews Discovery and Event Center also serves as an affordable space for community events. The 10,000 square foot multi-purpose facility features a catering kitchen, conference room, dining area, multi-purpose gymnasium and a recreation room.

The space was designed to serve both the needs of our NYFS clients and our community. We have a long history of collaboration with school, business and civic organizations and are committed to ensuring that the space is an asset for the entire community.

- While providing much-needed space during the day for our NETS students, the Discovery Center is used after school by youth in the STEP, Diversion and Discovery programs.
- The Discovery Center has hosted weddings, corporate events, holiday parties, meetings, a senior expo and exercise classes.

We would like to thank everyone who has donated to the Discovery Center capital campaign including our lead sponsors: Deluxe Corporation Foundation, Fred C. and Katherine B. Andersen Foundation, Hardenbergh Foundation, Peter J. King Family Foundation, Land O’ Lakes Foundation, Target Foundation and Wells Fargo Foundation.

Support
Government Grants 404,876
Contributions 71,648
Special Events 48,990
In-kind Contributions 12,422
Total Fundraising: 537,936

Revenue
Program Service Fees 3,576,368
Rent 166,760
Investment Income 7,758
Conference Fees 18,286
Miscellaneous 1,386
Loss on disposal of property (223)
Total Support and Revenue 4,308,271

Expenses
Program Services 3,596,483
Management & General 143,855
Fundraising 194,307
Building Rental Expense 397,281
Total Expenses 4,331,926
End of Year Net Assets 2,020,692

Audited financial reports and 990 forms can be downloaded from our web site: www.nyfs.org

Thank You Event Sponsors, Volunteers and Attendees
NYFS hosts three special events each year to highlight the work we do, build and strengthen our community, and to honor the volunteers that make our community a great place to live, work and do business. Thank you for your support!

Taste of Northwest Sponsors
Allegra Print and Imaging
Creative Catering
Felhaber, Larson, Fenlon & Vogt
Ideacom Mid-America
Land O’ Lakes
Pioneer Press
Western Bank

Service to Youth Awards
Winners:
Marcus Carrigan
Chris Fink
Brenda Holden
Jerome Irsfeld
Pam Nolan
Sponsors:
Arden Hills/Shoreview Rotary

Leadership Luncheon Sponsors
Anchor Bank
Ralph Bahr Memorial Fund
CB Richard Ellis
Ideacom Mid-America
ION Corporation
Lakeside Homes
Maguire Agency
Sandy Martin
North Suburban Golden K
Kiwanis
Pioneer Press
Synovis Life Technologies
Zamansky Professional
Association
### General Operating and Program-Specific Contributions

#### $1 to $499
- Kenneth & Mary Abel
- Molly & Emily Abel
- Alexander Albee & Lynn Strauss
- R.G.H. & Roberta Allen
- Barbara Anderson
- David Anderson
- Don Anderson
- Kay Andrews
- Atonement Lutheran Church
- Rebecca Austin
- Alan & Sandra Bahr
- Tom & Kathy Baldwin
- Gladys & Bruce Bane
- Kenneth Barrieau
- Paul Bartyzal
- Bernice & Bud Bartz
- Samuel & Shirlee Bates
- Aleta Baty
- Mary Jo Behl
- Caroline Bell-Beckman & Daniel Beckman
- Tony & P.K. Bennett
- Wendy & Pete Benson
- Audree Bentley
- Fred & Marty Bergsrued
- Ann Berry
- Anita Beste
- Ann Bettenburg
- Thomas & Debrah Betz
- Jerry & Geri Blanski
- Ruth Bleed
- Joyce & Charles Blomquist
- Barb & Steven Bollum
- Bill Bosch
- Matt Bostrom
- Myrna Bourcy
- Don & Pam Brabec
- Shirley Bradway
- John & Jean Brandt
- Hugh & Phyllis Bredenbeck
- Andrea Brodtmann
- Lonnie Brokke
- Jean & Bill Brown
- Karl Brown
- Jill Buckingham
- Marilyn Buettmeier
- Mary & Ron Burg
- Robert & Kristin Burich
- Elwood Caldwell
- Joyce Canon
- Cindy & Kevin Carlson
- Milred V. Carlson
- Dick & Linda Caron
- Cheryl & Louis Carter
- Adel Chamoun
- John Choi
- Kathleen & Paul Ciernia
- City of Arden Hills
- City of New Brighton
- Betty Clay
- Don & Synovia Colbert
- Jean & Wynn Cronje
- Gregg Cummings
- Carolyn Cushing
- Kirsten & Glen Dawson
- Stephanie & James Debenedet
- Geraldine Diamond
- Dan & Diane Dodge
- Larry Duppong
- Patricia Effenberger
- David & Jean Egeland
- Barbara Emer
- Janet Engeswick
- Bev Erickson
- Dennis & Kathleen Erno
- Geraldine Esler
- Dawn Evangelist
- David & Gwen Evans
- Martha Everest
- Mary Eversoll
- Chad Feltly
- Jerry & Debbie Filla
- Avis Fink
- Bill Fittie
- Beverly Jean Foster
- Harold Freeberg
- Francis Fried
- Don & Eunice Fultz
- Susan Gaertner
- Don Gault
- Thomas & Mary Lou Gavin
- Bob & Susan Gehrz
- Maisie Goeritz
- Kitty & Mark Gogins
- Grace & David Gorringe
- Gloria Gralish
- Scott Grausnick
- Barbara Grengs
- Heath Gunderson
- Randy Gustafson
- Georgianne Hall
- Jan Hanson
- Martha Hardesty
- Aladin Hassan
- Alice Hausman
- Beverly Heck
- Clare & Charles Henderson
- Vivian Henningfield
- Pat Hesli
- Laura Hill
- William & Judith Hill
- David & Sue Hoel
- Donald & Amy Hoffman
- Brenda & Leland Holden
- Nancy Holland
- Jean Houlding
- Dan & Jean Hoverman
- Penelope Howard
- Joe Hughes
- Lucy Hulme
- Jill Humacher
- Jerry & Nancy Irsfeld
- Sue Iverson
- Bob & Jane Jacobson
- Donald & Pam Jakes
- Peter & Linda Jessen-Howard
- Emy Johnson
- Jeff Johnson
- Lorraine Johnson
- Julianne Johnston
- Marge Johnston
- Tom Jones
- Raye Kanzenbach & Joni MacDonald
- Kristine Legler Kaplan
- Christine Kappelhoff
- Kevin Keenan
- Charles & Barbara Keffer
- John Kelly
- Peg Kennedy & Mike Feist
- John Kirkwood
- Judy & Edward Kishel
- Kiwanis Club of St. Anthony
- Kiwanis Club of Columbia Heights/Fridley
- Patrick Klaers
- Craig Klausing
- William Konvicka
- Susan & Ron Korkowski
- Heather Krall
- Ann Krawczyk
- Dr. George Krienke & Romona Mogg
- George & Elva Kubera
- Mary Larson
- Alexandria Lape & Jeffrey Rholl
- League of Women Voters - RoMaFH
- Barbara Leary
- Harvey Lewis & Diane Dovenberg-Lewis
- Roger Lillemoen
- Mandy & Philip Little
- Jenny Loeck
- Lillian Loll
- Dee Longworth
- Dean & Jacques Lotter
- Douglas & Vanessa Lund
- Rochelle Lunde
- Frank & Janice Mabley
- Chance Maddox
- Wendell Maddox
- Sarah Mahmud
- Bill Malinen
- Larry Mansfield
- Cheri Marchio
- John & Ruth Marg-Patton
- John & Connie Marty
- Rick & Kim Mathwig
- Jeanne Matlock
- Edward & Kathleen McFadden
- Mary Ellen & Keith McFarland
- Mary E. McGuire
- Mary Jo McGuire
- McKenna Family Fund
- Maureen Melanson
- Maureen Melanson
- Sara Merz
- Robert Meyer
- Justin & Diane Miller
- Geoffrey & Nancy Milsow
- Joe Murphy
- Terry Myers
- Bob & Shelly Myrland
- James Nash
- Lindsay Nauen
- Susan Nemitz
- Frieda Neupert
- Carole Nielson
- Pam & Joseph M.Nolan
- Northern Lights Combined Federal Campaign
- Nancy Nyberg
- Alyce Jeanne Oase
- Roy & Hulda Oberhamer
- Michael & Linda Ojile
- Floraiane Olen
- Michelle Olson
- Tim O'Neill
- Karen Osborn-Schaub
- Phyllis Ostergren
- Jim Ostlund
- Elizabeth Ostrander
The following list reflects donations received between July 1, 2010 and June 20, 2011.

**$1-$499**
- Laurel Anderson
- Kay Andrews
- Alan & Sandra Bahr
- Tom & Kathy Baldwin
- Ellen Marie Blank
- Steve & Mary Bloom
- Sally Brown

**$500-$1,999**
- Dean & Debra Armstrong
- Wendy & Peter Benson
- Crowley, White & Helmer
- Debby Wells
- Jackie Wells
- My Der Yangtz

**$2,000-$4,999**
- Mike Hill
- Wellington Management, Inc.
- Mary & William Zimmer Foundation

**$5,000-$39,999**
- Anchor Bank
- Land O' Lakes Foundation
- John & Marla Ordway Charitable Lead Trust
- Peter J. King Family Foundation
- Rotary Clubs of Northwest Suburban Ramsey County
- Wells Fargo Foundation

**$40,000 and above**
- Fred C. and Katherine B. Andersen Foundation

For more information about how you can partner with Northwest Youth & Family Services and help us live our mission to prepare youth, families and seniors for healthy lives, please contact

Jerry Hromatka, President & CEO
651-379-3404
jerry@nyfs.org